

wherein the fabric shrinkage reducing composition and the liquid cleaning/refreshment composition are releasably absorbed in a substrate in a weight ratio of from about 1:2 to about 1:5.

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2. (Amended) The composition according to claim 1, wherein the cleaning/refreshment composition comprises water and a member selected from the group consisting of: surfactants, perfumes, preservatives, bleaches, auxiliary cleaning agents, organic solvents and mixtures thereof.

12. (Amended) The composition according to claim 11, wherein the surfactant is a nonionic surfactant.

13. (Amended) An overall non-immersion cleaning/refreshment process for treating a fabric comprising the overall steps of:

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- (a) placing the fabric together with a substrate in a containment bag;
 - (b) placing the bag in a hot air apparatus and operating said apparatus with heat and tumbling; and
 - (c) removing the fabric from the bag; and
- wherein releasable absorbed in the substrate is:

- (i) a fabric shrinkage reducing composition selected from the group consisting of: ethylene glycol, all isomers of propanediol, butanediol, pentanediol, hexanediol and mixture thereof; and
 - (ii) a liquid cleaning/refreshment composition; and
- further, wherein the fabric shrinkage reducing composition and the liquid cleaning/refreshment composition are present in a weight ratio of from about 1:2 to about 1:5.

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18. (Amended) A sheet which is specifically adapted to clean and/or refresh fabrics in a hot air apparatus, the sheet comprising:

- (a) a substrate;